



MENDING THE SOUL WOUNDS

Women gather for a 4-day residential to learn Afrikan and Native American wisdom teachings to mend their soul wounds. The environment will provide a safe and sacred ceremonial space that will allow them to access deep healing on cellular levels.

The day will begin at 4a.m. a sacred hour to hear the thoughts of God. The healing atmosphere will be powerfully and positively charged through drumming, invoking the spirit dancing winds of the seven directions, native chanting, summoning power animals, primal dancing, yoga, tai chi, native chanting, meditation, fire ceremony, sweat lodge medicine, and cultivating your personal power by working with the forces of nature.

Healing is the Creation of a Sacred Self

Participants will explore:

- ❖ How trauma impacts on our spiritual system
- ❖ What creates soul loss / dissociation
- ❖ Shamanic journeying
- ❖ Clearing and cleansing dense psychic debris
- ❖ Sacred rituals to address specific abuse issues
- ❖ Soul loss/ soul retrieval work
- ❖ Building ancestor and personal altars
- ❖ Methods to revitalize soul centers [chakras]

Facilitator: **Namonyah Soipan, Ph.D.**

is a Licensed Acupuncture Physician and Shamanistic Practitioner who has facilitated healing workshops in Japan, the United Kingdom, Amsterdam, Belgium, Afrika, India, Thailand, the United States and the Caribbean. For the past 35 years Namonyah has practiced Afrikan and Native American shamanic wisdom medicine and has used her vast experience to hold sacred space for people on their healing path.

Location: TBA

Workshop date: TBA

Cost: TBA

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