

# Shaman's Breath

## Winds of the Soul Centers

Shaman's Breath is an experiential workshop exploring the dynamic power of healing through accessing the vital energy of the soul centers. The workshop unearths the indigenous teachings relating to the powerful soul centers (chakras) within the human energy field.

**We will utilize drumming, sacred ceremonies and primal dancing to balance and revitalize the soul centers- shamans believe that dancing puts the souls in motion and allows for exquisite healing to occur.**

*Facilitator: Namonyah Soipan, Ph.D. shamanistic practitioner, international trainer/ consultant and sacred space holder for people who are on their healing path.*

### Contact:

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**Date:** Saturday, April 26, 2014

**Time:** 10 A.M. TO 5 P.M.

**Cost:** Please call or email for pricing

**Venue:** BODY CONTINUUM | 1809 19TH STREET, SACRAMENTO, CA

**PLEASE CALL TO RESERVE YOUR PLACE NOW, SPACE IS LIMITED!**